



Monday	Tuesday	Wednesday	Thursday	Friday
<b>Donations for all programs &amp; services are accepted</b>	<i>*Activity is in the Nutrition Site must register for lunch **Must Register Call for additional information</i>			<b>1</b> Crafty Friday* 9:30-10:30 Tai Chi 9:45-10:45 Chair/Aerobics 11:00-12:00 Ballroom Dancing 1:00-2:00 Free Style Dancing 2:00-3:00
<b>4</b> Chair/Aerobics 11:00-12:00 Tai Chi 12:00-1:00 Water/Oil/ Acrylic Class 1:25-3:45	<b>5</b> <b>No Activities</b>  Voting Today	<b>6</b> <b>Vendor Fair</b> 9:30 – 12:30	<b>7</b> <i>Walking Club** 9:00</i> Chair Yoga 9:45-10:45 Bingo for Fun * 10:15-11:15 Chair/Aerobics 11:00-12:00 Movie 12:00-2:00	<b>8</b> <i>Delicious Orchard Trip **</i> Tai Chi 9:45-10:45 Chair/Aerobics 11:00-12:00 Ballroom Dancing 1:00-2:00 Free Style Dancing 2:00-3:00
<b>11</b> Chair/Aerobics 11:00-12:00 Tai Chi 12:00-1:00 Water/Oil/ Acrylic Class 1:25-3:45	<b>12</b> <i>CarFit ** 10:30-1:30</i> Bingo for Fun * 10:15-11:15 Zumba 9:30-10:30 Chair/Aerobics 11:00-12:00 Chair Yoga 12:00-1:00	<b>13</b> Putting Pen to Paper Writing Group 9:00- 10:00 Line Dancing I & II 10:00-12:00 <i>Lunch &amp; Learn Seminar 12:00</i> <i>Medication Management</i>	<b>14</b> <i>Walking Club ** 9:00</i> <i>Blood Pressure, Blood Glucose 9:30</i> Chair Yoga 9:45-10:45 Bingo for Fun * 10:15-11:15 Chair/Aerobics 11:00-12:00 Movie 12:00-2:00	<b>15</b> Tai Chi 9:45-10:45 Chair/Aerobics 11:00-12:00 <i>Father's Day Dance **1:00-3:00</i>
<b>18</b> Chair/Aerobics 11:00-12:00 Tai Chi 12:00-1:00 Water/Oil/ Acrylic Class 1:25-3:45	<b>19</b> Bingo for Fun * 10:15-11:15 Zumba 9:30-10:30 Chair/Aerobics 11:00-12:00 Chair Yoga 12:00-1:00	<b>20</b> Line Dancing I & II 10:00-12:00 <i>Patriotic Reading and Music</i> 12:00	<b>21</b> <i>Walking Club ** 9:00</i> Chair Yoga 9:45-10:45 Bingo for Fun * 10:15-11:15 Chair/Aerobics 11:00-12:00 Movie 12:00-2:00	<b>22</b> Crafty Friday* 9:30-10:30 Tai Chi 9:45-10:45 Chair/Aerobics 11:00-12:00 Ballroom Dancing 1:00-2:00 Free Style Dancing 2:00-3:00
<b>25</b> Book Nook 9:30-10:30 Chair/Aerobics 11:00-12:00 Tai Chi 12:00-1:00 Water/Oil/ Acrylic Class 1:25-3:45	<b>26</b> Bingo for Fun * 10:15-11:15 Zumba 9:30-10:30 Chair/Aerobics 11:00-12:00 Chair Yoga 12:00-1:00 <i>Alzheimer's Support Group 3:00</i>	<b>27</b> <i>Credit Counseling &amp; Identity Thief Presentation 10:15</i> Line Dancing I & II 10:00-12:00	<b>28</b> <i>Morning Social 9:00-9:30</i> <i>Walking Club ** 9:00</i> Chair Yoga 9:45-10:45 Bingo for Fun * 10:15-11:15 Chair/Aerobics 11:00-12:00 Movie 12:00-2:00	<b>29</b> Tai Chi 9:45-10:45 Chair/Aerobics 11:00-12:00 Ballroom Dancing 1:00-2:00 Free Style Dancing 2:00-3:00

Call 24 hours in advance to reserve Bus (732-785-3000 option 2077) & Nutrition Lunch (732-920-0700) Must be 60 Years or Older

**No Activities  
on Tuesday, June 5<sup>th</sup>  
Don't Forget to Vote!**

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**CarFit  
Helping Mature Drivers Find  
Their Safest Fit**

**Tuesday, June 12<sup>th</sup>  
10:30 to 1:30  
By Appointments Only**

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**Lunch & Learn Seminar  
speaker from HealthSouth Rehab  
on Medication Management  
with complimentary lunch on  
Wednesday, June 13<sup>th</sup>  
12:00 noon  
Must Register**

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**Free Health Screening  
Blood Pressure & Blood Glucose  
provided by RWJ Barnabas Health  
Thursday, June 14<sup>th</sup> 9:30  
Fasting Recommended**

**Identity Thief &  
Credit Counseling Presentation  
provided by  
Navicore Solutions  
Wednesday, June 27<sup>th</sup> at 10:15**

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**Our "Walking Club" meets  
every Thursday morning  
(weather permitting).  
Meet at the Senior Center  
before 9:00 am  
Call 732-920-8686  
for additional information.**

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**Join the Brick Nutrition Site  
Monday – Friday 11:00 am  
for lunch.  
You must call by 10:00 am the  
day prior to register  
at 732-920-8686**

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**Join our Pen to Paper Group  
for a Patriotic Reading  
with music & snacks  
Wednesday, June 20<sup>th</sup>  
12:00 noon**

## **Vendor Fair**

***Seniors & Caregivers  
Wednesday, June 6<sup>th</sup>  
9:30 to 12:30***

**Vendors include Federal, State, local agencies and merchants providing  
information and resources**

***Prizes & Free Pizza for Lunch***

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***Delicious Orchard Trip  
Friday, June 8<sup>th</sup>***

***Bus Departs at 9:30 am  
Bus Returns approximately 1:00 pm  
Bring your lunch or buy lunch at facility  
Must Register for trip***

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**Friday, June 15<sup>th</sup> we have a special  
Father's Day Dance sponsored by  
Brandywine Living at Reflections & Gables  
Dancing, enjoy coffee & desserts  
1:00 - 3:00**

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**Alzheimer's Support Group for all Caregivers  
presented by the Alzheimers Association of Greater  
New Jersey - June 26<sup>th</sup> at 3:00 pm**