

Mayor John G. Ducey

January 2021



BRICK TOWNSHIP SENIOR OUTREACH SERVICES

373 Adamston Road, Brick Township, NJ 08723

732-920-8686

E-mail - [brickseniors@bricktownship.net](mailto:brickseniors@bricktownship.net)

[www.bricktownship.net](http://www.bricktownship.net)

Monday	Tuesday	Wednesday	Thursday	Friday
		ACTIVITIES ARE MODIFIED DUE TO COVID 19		1  <b>HOLIDAY</b>
4	5  Yoga 10:00 Via Zoom	6	7  Yoga 10:00 Via Zoom	8  Zumba 11:30 Via Zoom  Tai Chi 1:30 Via Zoom
11	12  Yoga 10:00 Via Zoom	13  Pen to Paper 12:00 Via Zoom	14  Yoga 10:00 Via Zoom	15  Craft Project "Get & Go" 11:15  Zumba 11:30 Via Zoom  Tai Chi 1:30 Via Zoom
18  <b>HOLIDAY</b> <i>(office closed)</i>	19  Yoga 10:00 Via Zoom  Book Club 1:00 Via Zoom	20	21  Yoga 10:00 Via Zoom	22  Zumba 11:30 Via Zoom  Tai Chi 1:30 Via Zoom
25	26  Yoga 10:00 Via Zoom	27  Pen to Paper 12:00 Via Zoom	28  Yoga 10:00 Via Zoom	29  Zumba 11:30 Via Zoom  Tai Chi 1:30 Via Zoom

Call in advance to reserve the Bus (732-920-8686) for food shopping & medical transportation. First come – first serve. Must be 60 Years or Older

FOR ZOOM MEETING INFORMATION EMAIL US AT [BRICKSENIORS@BRICKTOWNSHIP.NET](mailto:BRICKSENIORS@BRICKTOWNSHIP.NET) FOR MEETING ID AND PASSCODE

**Need help with Food Shopping?**

ON-LINE Food Shopping Services are still available through Jersey Cares. Call us for assistance in placing your food order. Volunteers are available to do your food shopping

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**Senior Bus Transportation**

*Bus Service has resumed on a modified schedule. Social Distancing and Face masks will be required! Call to schedule your transport. You will be picked up, taken to the shopping area and then taken home. Drivers are not allowed to enter your home for any reason. There will only be a few people on the bus at one time so it is important for you to return to the bus at your assigned time.*

**Medicare Open Enrollment**

January 1<sup>st</sup> through March 31<sup>st</sup>  
review your  
*Medicare Advantage Plans for 2021*

Appointments are necessary to meet with a SHIP Counselor  
In-person or phone

Call to schedule

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**UPCOMING**

TAX ASSISTANCE BY AARP  
VOLUNTEERS WILL BE HERE AGAIN  
THIS YEAR STARTING IN FEBRUARY.

TO SCHEDULE AN APPOINTMENT  
CALL US STARTING JANUARY 19<sup>TH</sup>

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**Our Senior Services Outreach staff is available to help with applications for: PTR, SENIOR GOLD, PAAD, HOME ENERGY ASSISTANCE, MEALS ON WHEELS AND TO PROVIDE YOU WITH INFORMATION ON OTHER SENIOR BENEFITS.**

**This service is by appointment only.  
Please call to schedule.**

**Face Masks are required.**

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**The Lunch site will remain closed until further notice.**

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**VIRTUAL PROGRAMS**

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