

Mayor John G. Ducey

July 2022



BRICK TOWNSHIP SENIOR OUTREACH SERVICES

373 Adamston Road, Brick Township, NJ 08723 - for activities
270 Chambers Bridge Road, Unit 12, Brick, NJ 08723 - for services

E-mail - brickseniors@bricktownship.net

www.bricktownship.net

732-920-8686

Table with 5 columns: Monday, Tuesday, Wednesday, Thursday, Friday. Rows contain activity schedules for various days, including Zumba, Yoga, Tai Chi, and community events.

Call in advance to reserve the Bus (732-920-8686) for food shopping & medical transportation. First come – first serve. Must be 60 Years or Older

SERVICES

**Fruit & Vegetable Vouchers are available for distribution
on July 11th, 10:00 am & July 21st at the VFW location and also
Monday through Friday between 9 am – 3 pm at the 270 Chambers Bridge Road location**

**Household Size – Annual Income:
1 person \$25,142; 2 person \$33,874; 3 person \$42,606; 4 person \$51,338
You must present address & income information**

**The Community Café (lunch site)
on Mondays & Wednesdays from 11 am to 1:30 pm
suggested donation is \$2.00
Lunch Reservation by 11am the day before is required
Transportation provided to site, call 732-920-8686**

**SENIOR SERVICES OUTREACH staff is available to help with applications for: PTR, Senior Gold, PAAD,
Home Energy Assistance, Meals on Wheels and to provide you with information on other senior benefits.
Call to schedule. This service is by appointment only at 270 Chambers Bridge Road Unit 12, Brick Civic Plaza**

Need help with Food Shopping?

**ON-LINE Food Shopping Services are still available through Jersey Cares.
Call us for assistance in placing your food order. Volunteers are available to do your food shopping.**

Senior Bus Shuttle Transportation

**Call to schedule your transport. You will be picked up, taken to shopping area or medical appointment and
then taken home. Drivers are not allowed to enter your home.
Transportation on the bus is available to the Senior Center to attend all classes, activities & appointments.
Call to schedule your ride.**

2022 Home Energy Assistance / USF Guidelines

Household size 1: Monthly Income HEAP \$3,348 / USF \$4,293
Household size 2: Monthly Income HEAP \$4,379 / USF \$5,807

2022 PAAD & Senior Gold Annual Income Guidelines

PAAD - Individual: \$38,769 / Couple: \$45,270
Senior Gold - Individual: \$48,769 / Couple: \$55,270

**Computers Available for Your Personal Use
Assistance is available every Monday & Wednesday 1:00 – 3:00. Call to schedule your time.
OPEN ACCESS MONDAY -FRIDAY 10:00-3:00 (on your own)**

ACTIVITIES

Veteran's Presentation & Snacks
presented by Veterans Care, BP Senior Care & Ambassador
Wednesday, July 6th at 12:00

**Technology Class with an IT Professional
from Monmouth Computer Associates**
all levels welcome, topics vary monthly, limited laptops supplied
or bring your device if available (laptop, tablet, smart phone)
Monday, July 11th at 1:30

Stress & Relaxation Presentation
presented by RWJ Barnabas Health
Wednesday, July 13th at 12:00

Paint & Sip (snacks & beverage)
Enjoy refreshments as you paint, beginners & experienced welcomed
provided by Beacon of Life
Friday, July 15th at 11:00
Must register beginning June 24th

Ice Cream Social & Bingo
provided by Concord Rehab
Friday, July 22nd at 12:00
Must register beginning June 27th

The Book Nook Club Meets Monday, July 25th at 10:00
join us for exciting discussions & review the latest best sellers

Free Health Screening
**Cholesterol, Pulse, Pulse Ox, Blood Pressure,
Nutritional & Dental Information**
provided by Ocean County Health Department
Thursday, July 28th at 10:45-11:45

Free Health Screening
Blood Pressure, BMI, Bone Density & Diabetes Risk Assessment
provided by RWJ Barnabas Health
Friday, July 29th at 10:15