

MAY 2023

CALENDAR OF ACTIVITIES



BRICK TOWNSHIP OFFICE OF SENIOR SERVICES

Office Location: 270 Chambers Bridge Road, Unit 12, Brick, NJ 08723

Activity Location: 373 Adamston Road, Brick, NJ 08723

Phone: 732-920-8686 Email: brickseniors@bricktownship.net

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Zumba.....9:30am-10:30am Stretch & Stronger.....11am-12pm Community Cafe.....11am-1:30pm “Got Your Ducks in a Row?” Financial Workshop 1:30pm	2 Floor Yoga.....9am-9:45am Chair Yoga.....10am-11am Chair Aerobics.....11:15am-12:15pm Acrylic Art Class.....1:15pm <i>Bring your own canvas</i>	3 Line Dancing.....10am-11:30am Community Cafe.....11am-1:30pm Mahjong12:30pm-3:30pm	4 Floor Yoga.....9am-9:45am Chair Yoga.....10am-11am Chair Aerobics.....11:15am-12:15pm Mahjong.....12:30pm-3:30pm Tai Chi with Stephanie.....1:30pm	5 Movie “The Old Way” 12pm
8 Zumba.....9:30am-10:30am Stretch & Stronger.....11am-12pm Community Cafe.....11am-1:30pm Technology Class.....1:30pm	9 Floor Yoga.....9am-9:45am Chair Yoga.....10am-11am Chair Aerobics.....11:15am-12:15pm PNC Bank Arts Center Trip	10 Line Dancing.....10am-11:30am Community Cafe.....11am-1:30pm Mahjong12:30pm-3:30pm	11 Floor Yoga.....9am-9:45am Chair Yoga.....10am-11am Chair Aerobics.....11:15am-12:15pm Mahjong.....12:30pm-3:30pm Tai Chi with Stephanie.....1:30pm	12 Senior Shuttle Bus Trip Jersey Shore Premium Outlets
15 Zumba.....9:30am-10:30am Stretch & Stronger.....11am-12pm Community Cafe.....11am-1:30pm	16 Floor Yoga.....9am-9:45am Chair Yoga.....10am-11am Chair Aerobics.....11:15am-12:15pm Acrylic Art Class.....1:15pm <i>Bring your own canvas</i>	17 Lunch & Bingo 11:30am <i>Must Register Beginning April 18</i>	18 Floor Yoga.....9am-9:45am Chair Yoga.....10am-11am Chair Aerobics.....11:15am-12:15pm Mahjong.....12:30pm-3:30pm Tai Chi with Stephanie.....1:30pm	19 Celebrate You! Brunch & a Movie 11am “A Man Called Otto” Must Register beginning April 24 Volunteer Recognition Day
22 Zumba.....9am-10am The Book Nook Club.....10am-11am Stretch & Stronger.....11am-12pm Community Cafe.....11am-1:30pm	23 Floor Yoga.....9am-9:45am Chair Yoga.....10am-11am Coffee Truck Social & Craft.....1pm Medication Drop Box.....1pm	24 Line Dancing.....10am-11:30am Community Cafe.....11am-1:30pm Talking with Jen Presentation.....12pm Mahjong12:30pm-3:30pm	25 Floor Yoga.....9am-9:45am Chair Yoga.....10am-11am Chair Aerobics.....11:15am-12:15pm Mahjong.....12:30pm-3:30pm Tai Chi with Stephanie.....1:30pm	26 Craft Class.....11am-12pm
29 Memorial Day All Municipal Offices Closed	30 Floor Yoga.....9am-9:45am Chair Yoga.....10am-11am Chair Aerobics.....11:15am-12:15pm Acrylic Art Class.....1:15pm <i>Bring your own canvas</i>	31 Line Dancing.....10am-11:30am Community Cafe.....11am-1:30pm Orthopaedics Presentation.....12pm Mahjong12:30pm-3:30pm	Mayor Lisa Crate, the Township Council and Brick Senior Services proudly celebrate	



Brick Senior Services

Mayor Lisa Crate
Council President Heather deJong
Council Vice President Andrea Zapic
Councilman Perry Albanese
Councilman Derrick Ambrosino
Councilman Vince Minichino
Councilwoman Marianna Pontoriero
Councilwoman Melissa Travers

Director of Senior Services
Zulma Soto

Senior Services staff is available to help you with applications for PTR, Senior Gold, PAAD, Home Energy Assistance, Meals on Wheels and to provide you with information of other senior benefits. Call to schedule an appointment. Appointments held at the Civic Plaza, 270 Chambers Bridge Road Unit 12.

Are you a Caregiver?

Are you helping an elderly parent, friend, neighbor or someone who is frail or disabled? Are you assisting with their food shopping, driving them to doctors, preparing their meals? Caregiving for an elderly person can be difficult. Resources and services are available that may assist you in caring for a loved one. Call 732-920-8686 for information.

The Community Cafe
Mondays and Wednesdays, 11am-1:30pm
Lunch reservation by 11am the day before is **required**. Transportation provided to site.
Suggested donation of \$2.
Call 732-920-8686 for reservations.

2023 PAAD & Senior Gold Annual Income Guidelines

PAAD

Individual: Less than \$42,142
Couple: Less than \$49,209

Senior Gold

Individual: \$42,142 - \$52,142
Couple: \$49,209 - \$59,209

Computers available for your personal use.
Open access Monday through Friday, 10am-3pm.

SENIOR SERVICES ACTIVITIES

Movie Day
Friday, May 5 at 12pm
featuring "The Old Way" starring Nick Cage

Technology Class with an IT Professional from Monmouth Computer Associates
Monday, May 8 at 1:30pm

Lunch & Bingo
sponsored by Wellington Estates
Wednesday, May 17 at 11:30am
Must register beginning April 18
Suggested donation \$2

Celebrate You!
Enjoy Brunch & a Movie
featuring "A Man Called Otto"
starring Tom Hanks
Brunch sponsored by Brandywine Living at the Gables & Reflections
Friday, May 19 at 11am
Must register beginning April 24

The Book Nook Club meets May 22 at 10am
Join us for exciting discussions and review the latest best sellers

May's Book:
Run by Ann Patchett

Coffee Truck Social & Craft
Provided by Home Well Care
Enjoy a specialty coffee while creating a spring craft project
Tuesday, May 23 at 11:30am
Must register beginning April 28

Medication Drop Box
Bring any expired and unused medications, prescription drugs and over-the-counter medicines to be disposed of properly by the Brick Township Police Department
Tuesday, May 23 at 11:30am

Acrylic Art Class
Students are required to bring your own canvas of any size. Paints and brushes will be provided.
May 2, May 16, May 30 at 1:15pm

Brick Township SENIOR SHUTTLE



The Brick Senior Shuttle Service was started in 2019 by Mayor Ducey, the Township Council and Brick Senior Services. The Senior Shuttle provides residents ages 60 and over with free transportation to Brick Township's shopping areas as well as to special events in the township and surrounding communities.

Senior Shuttles are wheelchair accessible.

Senior Shuttle rides are free; seating is limited and filled on a first-come, first-served basis.

May Senior Shuttle Trips:

PNC Bank Arts Center
Bobby Wilson's Tribute to his father
Jackie and the Sounds of Motown & Tommy C's Tribute to Bobby Rydell and the Chiclettes
Tuesday, May 9

Jersey Shore Premium Outlets
Friday, May 12

Call 732-920-8686 to reserve a trip



Funded in part by a grant from the Ocean County Board of Commissioners