

OCTOBER 2023

CALENDAR OF ACTIVITIES



BRICK TOWNSHIP OFFICE OF SENIOR SERVICES

Office Location: 270 Chambers Bridge Road, Unit 12, Brick, NJ 08723

Activity Location: 373 Adamston Road, Brick, NJ 08723

Phone: 732-920-8686 Email: brickseniors@bricktownship.net

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>2</p> <p>Zumba.....9:15am-10:15am Line Dancing.....10:30am-12pm Community Cafe.....11am-1:30pm Mahjong.....12:30pm-3:30pm Writing Group.....1pm-3pm</p>	<p>3</p> <p>Chair Aerobics.....11:30am-12:30pm Acrylic Art Class.....1:15pm <i>Bring your own canvas</i></p>	<p>4</p> <p>Stretch & Stronger...10:30am-11:30am Community Cafe.....11am-1:30pm Bingo & Dessert.....12pm <i>Must register beginning 9/22</i> Mahjong.....12:30pm-3:30pm</p>	<p>5</p> <p>Stressed Systems Presentation and Blood Pressure Screening.....11am Chair Aerobics.....11:30am-12:30pm Tai Chi.....1:30pm-3pm</p>	<p>6</p> <p>Lunch & Bingo.....11:30am-1:30pm <i>Must register beginning 9/25</i></p>
<p>9</p> <p><i>Office and Activity Center Closed in Observation of Columbus Day</i></p>	<p>10</p> <p>Floor Yoga.....9am-9:45am Chair Yoga.....10am-11am Chair Aerobics.....11:30am-12:30pm Canasta.....1pm-3pm</p>	<p>11</p> <p>Stretch & Stronger...10:30am-11:30am Community Cafe.....11am-1:30pm Mahjong.....12:30pm-3:30pm</p>	<p>12</p> <p>Flu Shots.....10am-2pm <i>Provided by Ocean County Health Department</i></p>	<p>13</p> <p>The Book Nook Club.....9am-10:30am</p>
<p>16</p> <p>Zumba.....9:15am-10:15am Line Dancing.....10:30am-12pm Community Cafe.....11am-1:30pm Mahjong.....12:30pm-3:30pm Writing Group.....1pm-3pm</p>	<p>17</p> <p>Floor Yoga.....9am-9:45am Chair Yoga.....10am-11am Chair Aerobics.....11:30am-12:30pm Acrylic Art Class.....1:15pm <i>Bring your own canvas</i></p>	<p>18</p> <p>Stretch & Stronger...10:30am-11:30am Community Cafe.....11am-1:30pm Avoiding Fraud & Identity Theft Presentation12pm Mahjong.....12:30pm-3:30pm</p>	<p>19</p> <p>Floor Yoga.....9am-9:45am Chair Yoga.....10am-11am <i>New Senior Center Ribbon Cutting 1:30pm at 500 Aurora Drive</i></p>	<p>20</p> <p>Crafts.....10am-11am Community Cafe.....11am-1:30pm Movie.....12:15pm</p>
<p>23</p> <p>Zumba.....9:15am-10:15am Line Dancing.....10:30am-12pm Community Cafe.....11am-1:30pm Mahjong.....12:30pm-3:30pm</p>	<p>24</p> <p>Floor Yoga.....9am-9:45am Chair Yoga.....10am-11am Chair Aerobics.....11:30am-12:30pm Canasta.....1pm-3pm</p>	<p>25</p> <p>Stretch & Stronger...10:30am-11:30am Community Cafe.....11am-1:30pm Mahjong.....12:30pm-3:30pm</p>	<p>26</p> <p>Floor Yoga.....9am-9:45am Chair Yoga.....10am-11am Chair Aerobics.....11:30am-12:30pm Tai Chi.....1:30pm-3pm</p>	<p>27</p> <p>Halloween Party Mystery Game Luncheon 11am-1pm <i>Must register beginning 10/2</i></p>
<p>30</p> <p>Zumba.....9:15am-10:15am Line Dancing.....10:30am-12pm Community Cafe.....11am-1:30pm Talking with Jen Presentation.....12pm Mahjong.....12:30pm-3:30pm</p>	<p>31</p> <p>Floor Yoga.....9am-9:45am Chair Yoga.....10am-11am Chair Aerobics.....11:30am-12:30pm</p>	<p><i>Mayor Lisa Crate, the Township Council and Brick Township Senior Services cordially invite you to join us as we cut the ribbon and officially open the new home of Brick Township Senior Services</i></p> <p><i>Thursday, October 19 at 1:30pm at the new Brick Township Senior Services Center, 500 Aurora Drive</i></p>		

Brick Senior Services

Mayor Lisa Crate
Council President Heather deJong
Council Vice President Andrea Zapic
Councilman Perry Albanese
Councilman Derrick Ambrosino
Councilman Vince Minichino
Councilwoman Marianna Pontoriero
Councilwoman Melissa Travers

Director of Senior Services
Zulma Soto

Senior Services staff is available to help you with applications for PTR, Senior Gold, PAAD, Home Energy Assistance, Meals on Wheels and to provide you with information of other senior benefits. Call to schedule an appointment.

Appointments held at the Civic Plaza, 270 Chambers Bridge Road Unit 12.

Are you a Caregiver?

Are you helping an elderly parent, friend, neighbor or someone who is frail or disabled? Are you assisting with their food shopping, driving them to doctors, preparing their meals? Caregiving for an elderly person can be difficult. Resources and services are available that may assist you in caring for a loved one. Call 732-920-8686 for information.

The Community Cafe

Mondays and Wednesdays, 11am-1:30pm

Lunch reservation by 11am the day before is **required**.

Transportation provided to site.

Suggested donation of \$2.

Call 732-920-8686 for reservations.

2023 PAAD & Senior Gold Annual Income Guidelines

PAAD

Individual: Less than \$42,142

Couple: Less than \$49,209

Senior Gold

Individual: \$42,142 - \$52,142

Couple: \$49,209 - \$59,209

NJ has a new SNAP Minimum Benefit of \$95 Monthly SNAP benefits provide nutrition assistance so you can put more fresh, healthy food on your table.

Eligibility - Gross **Monthly** Income

Family Size

1 - \$2,098

2 - \$2,823

3 - \$3,551

Call 732-920-8686 for additional information or to schedule an appointment

SENIOR SERVICES
OCTOBER 2023 ACTIVITIES

Writing Group

You are invited to join a new group to explore how to tell our own story through writing.

Monday, October 2nd & 16th from 1pm-3pm

Bingo & Dessert

Wednesday, October 4th at 12pm

Provided by Concord Rehab

Must Register beginning Sept 22

Lunch served in Café prior to bingo.

Must call to register for Cafe lunch.

Stressed Systems Presentation & Blood Pressure Screening

Thursday, October 5th at 11am

Provided by Georgian Court Nursing Students

Lunch & Bingo

Friday, October 6th at 11:30am

Provided by Wellington Estates

Must Register beginning Sept 25

Flu Shots

Flu, Pneumonia & Covid Vaccines

Thursday, October 12th from 10am-2pm

The Book Nook Club Meets

Friday, October 13th at 9pm

Join us for exciting discussions & review the latest best sellers.

Avoiding Fraud & Identity Theft Presentation

Presented by NYCB

Wednesday, October 18th at 12pm

Call to Register

Lunch served in Café prior to presentation.

Must call to register for Café lunch.

Halloween Party

Mystery Game Luncheon / Come Dressed in Costumes

Friday, October 27th at 11am

Provided by Willow Springs Rehab

Must register beginning Oct 2nd

“Talking with Jen”

Nutrition Presentation

Monday, October 30th at 12pm

Acrylic Art Class

Students are required to bring their own canvas of any size.

We will provide paints & brushes for your use

Join us as we cut the ribbon and officially open the new home of the Brick Township Senior Services on Thursday, October 19 at 1:30pm.

The ceremony will take place at the new Senior Center located at 500 Aurora Drive, Brick, NJ 08723

Brick Recreation’s Annual Craft and Vendor Fair takes place on Saturday, October 7 (rain date 10/8) from 9am until 2pm at Windward Beach Park. Enjoy shopping from talented crafters and vendors offering a variety of products. Free admission.



Funded in part by a grant from the Ocean County Board of Commissioners

Brick Township SENIOR SHUTTLE



The Brick Senior Shuttle Service was started in 2019. The Senior Shuttle provides residents ages 60 and over with free transportation to Brick Township’s shopping areas, the Brick Senior Center, medical appointments and special events in the township.

Senior Shuttles are wheelchair accessible.

Senior Shuttle rides are free; seating is limited and filled on a first-come, first-served basis.

Call 732-920-8686 to reserve a trip

FALL FEST

Brick Township’s Annual Fall Fest Celebration takes place on Saturday, October 14 (rain date 10/15) from 1pm until 7pm at Windward Beach Park.

The event features food trucks and vendors, games, inflatables, fire pits, a cornhole tournament and more. Fall Fest concludes with a firework display.

Shuttle buses are available from Lanes Mill Elementary School and Drum Point Elementary School from 12:30pm and will run continuously throughout the day.