




# DECEMBER 2023 CALENDAR OF ACTIVITIES



## BRICK TOWNSHIP OFFICE OF SENIOR SERVICES

Location: 500 Aurora Drive, Brick, NJ 08723

Phone: 732-920-8686 Email: brickseniors@bricktownship.net

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
 <p>Mayor Lisa Crate, the Township Council and the Staff of the Brick Township Senior Center wish you</p> 				<p>1 Community Cafe.....11am Bingo &amp; Dessert.....12pm <i>Must register beginning November 22</i></p>
<p>4 Zumba.....9:15am-10:15am Line Dancing.....10:30am-12pm Community Cafe.....11am-1:30pm Mahjong.....12:30pm-3:30pm</p>	<p>5 Floor Yoga.....9am-9:45am Chair Yoga.....10am-11am Chair Aerobics.....11:30am-12:30pm</p>	<p>6 Stretch &amp; Stronger...10:30am-11:30am Mahjong.....12:30pm-3:30pm  Ocean County Mall Bus Trip</p>	<p>7 Floor Yoga.....9am-9:45am Chair Yoga.....10am-11am Chair Aerobics.....11:30am-12:30pm Tai Chi.....1:30pm-3pm</p>	<p>8 The Book Nook Club.....10am Community Cafe.....11am</p>
<p>11 Zumba.....9:15am-10:15am Line Dancing.....10:30am-12pm Community Cafe.....11am-1:30pm Talking with Jen Presentation.....12pm Mahjong.....12:30pm-3:30pm Technology Class.....1:30pm</p>	<p>12 Floor Yoga.....9am-9:45am Chair Yoga.....10am-11am Chair Aerobics.....11:30am-12:30pm Acrylic Art Class.....1:15pm <i>Bring your own canvas</i></p>	<p>13 Holiday Celebration.....10am <i>Must register beginning December 4</i></p>	<p>14 Floor Yoga.....9am-9:45am Chair Yoga.....10am-11am Chair Aerobics.....11:30am-12:30pm Tai Chi.....1:30pm-3pm</p>	<p>15 Crafts.....10am-11am Community Cafe.....11am</p>
<p>18 Zumba.....9:15am-10:15am Line Dancing.....10:30am-12pm Community Cafe.....11am-1:30pm Mahjong.....12:30pm-3:30pm</p>	<p>19 Floor Yoga.....9am-9:45am Chair Yoga.....10am-11am Chair Aerobics.....11:30am-12:30pm Christmas Luncheon (off site).....11am <i>Must Register Beginning December 8</i></p>	<p>20 Stretch &amp; Stronger...10:30am-11:30am Mahjong.....12:30pm-3:30pm</p>	<p>21 Floor Yoga.....9am-9:45am Chair Yoga.....10am-11am Chair Aerobics.....11:30am-12:30pm Tai Chi.....1:30pm-3pm</p>	<p>22 Coffee with the Mayor.....9:30am <b>Must register</b></p>
<p>25  <b>Offices Closed for CHRISTMAS</b></p>	<p>26 Acrylic Art Class.....1:15pm <i>Bring your own canvas</i></p>	<p>27 Stretch &amp; Stronger...10:30am-11:30am Mahjong.....12:30pm-3:30pm</p>	<p>28 Chair Aerobics.....11:30am-12:30pm Tai Chi.....1:30pm-3pm</p>	<p>29 Coffee and a Movie.....9:30am <b>Must register</b></p>

**Brick Senior Services**

**Mayor Lisa Crate**  
**Council President Heather deJong**  
**Council Vice President Andrea Zaptic**  
**Councilman Perry Albanese**  
**Councilman Derrick Ambrosino**  
**Councilman Vince Minichino**  
**Councilwoman Marianna Pontoriero**  
**Councilwoman Melissa Travers**

**Director of Senior Services**  
**Zulma Soto**

IT'S MEDICARE OPEN  
ENROLLMENT TIME!

Now until December 7  
Now is the time to check your medical insurance coverage for 2024. SEE your options. Schedule an appointment with a SHIP (State Health Insurance Counselor) at the Brick Senior Center by calling 732-920-8686

Are you a Caregiver?

Are you helping an elderly parent, friend, neighbor or someone who is frail or disabled?  
Are you assisting with their food shopping, driving them to doctors, preparing their meals?  
Caregiving for an elderly person can be difficult. Resources and services are available that may assist you in caring for a loved one.  
Call 732-920-8686 for information.

The Community Cafe

Mondays and Fridays, 11am-1:30pm  
Lunch reservation by 11am the day before is **required**. Transportation provided to site.  
Suggested donation of \$2.  
Call 732-920-8686 for reservations.

Senior Services staff is available to help you with applications for PTR, Senior Gold, PAAD, Home Energy Assistance, Meals on Wheels and to provide you with information of other senior benefits. Call to schedule an appointment.

2024 PAAD Annual Income Guidelines

Individual: Less than \$52,142  
Couple: Less than \$59,209

NJ has a new SNAP Minimum Benefit of \$95  
Monthly SNAP benefits provide nutrition assistance so you can put more fresh, healthy food on your table.

Eligibility - Gross Monthly Income

Family size 1 - \$2,096  
Family size 2 - \$2,823  
Family size 3 - \$3,551

Call 732-920-8686 for additional information or to schedule an appointment



**Funded in part by a grant from the Ocean County Board of Commissioners**

**SENIOR SERVICES ACTIVITIES**

Bingo & Dessert  
Friday, December 1 at 12pm  
Registration begins 11/22  
Sponsored by Concord Rehab.  
If you would like to attend lunch in the Community Cafe, call 732-920-8686 to register for lunch.

The Book Nook Club meets  
Friday, December 8 at 10am.  
Join us for exciting discussions and review the latest bestsellers.

Acrylic Art Class  
Students are required to bring their own canvas of any size. We will provide paints and brushes for your use.

'Talking with Jen'  
Nutrition Presentation  
Monday, December 11 at 12pm

Holiday Celebration  
Wednesday, December 13 at 10am  
Enjoy holiday entertainment performed by the Brick Memorial High School Caroling Choir and lite refreshments.  
Must register beginning 12/4

Christmas Luncheon  
Held at Leisure Park, Lakewood Twp.  
Tuesday, December 19 at 11am  
Must register beginning 12/8

Enjoy a holiday morning coffee with Mayor Lisa Crate  
Friday, December 22 at 9:30am  
Must register by calling 732-920-8686

Coffee and a Movie  
Friday, December 29 at 9:30am  
Must register by calling 732-920-8686

**Brick Township SENIOR SHUTTLE**



*The Brick Senior Shuttle Service was started in 2019 by Mayor Ducey, the Township Council and Brick Senior Services. The Senior Shuttle provides residents ages 60 and over with free transportation to Brick Township's shopping areas as well as to special events in the township and surrounding communities.*

Senior Shuttles are wheelchair accessible.

Senior Shuttle rides are free; seating is limited and filled on a first-come, first-served basis.

December Senior Shuttle Trip:

Ocean County Mall  
Toms River Township

Wednesday, December 6

Call 732-920-8686 to reserve a trip