FEBRUARY 2024 CALENDAR OF ACTIVITIES



BRICK TOWNSHIP OFFICE OF SENIOR SERVICES

Location: 500 Aurora Drive, Brick, NJ 08723 Phone: 732-920-8686 Email: brickseniors@bricktownship.net

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BRICK	EDICATION nday, February 12 at 11am and Thu y expired & unused medications, pr be disposed of properly by the Brid	1 Floor Yoga9am-9:45am Chair Yoga10am-11am Chair Aerobics11:30am-12:30am Tai Chi1:30pm-3pm	2 Community Cafe11am Tax Appointments	
Line Dancing10:30am-12pm Community Cafe11am-1:30pm	6 Floor Yoga9am-9:45am Chair Yoga10am-11am Chair Aerobics11:30am-12:30am Musical Connections1:45pm-2:30pm	Mahjong12:30pm-3:30pm	8 Floor Yoga9am-9:45am Chair Yoga10am-11am Chair Aerobics11:30am-12:30am Tai Chi1:30pm-3pm	Community Cafe11am
12Zumba9:15am-10:15amLine Dancing10:30am-12pmCommunity Cafe11am-1:30pmMedication Drop Box11amWhat's Your Energy IQ? NJNG Presentationand Trivia Game12pmMahjong12:30pm-3:30pm	13 Floor Yoga9am-9:45am Chair Yoga10am-11am Chair Aerobics11:30am-12:30am Acrylic Art Class1:15pm No instructor; work on your own Bring your own canvas - 16"x20" recommended	14 Stretch & Stronger10:30am-11:30am Mahjong12:30pm-3:30pm Cooking with Kristen1:30pm <i>Must register beginning 2/1</i>	15 Floor Yoga9am-9:45am Chair Yoga10am-11am Chair Aerobics11:30am-12:30am Tai Chi1:30pm-3pm	-
19 ALL OFFICES AND THE SENIOR CENTER ARE CLOSED IN OBSERVANCE OF PRESIDENT'S DAY	20 Floor Yoga9am-9:45am Chair Yoga10am-11am Chair Aerobics11:30am-12:30am Musical Connections1:45pm-2:30pm		22 Floor Yoga9am-9:45am Chair Yoga10am-11am Medication Drop Box11:30am-12:30am Tai Chi1:30pm-3pm	
26 Zumba9:15am-10:15am Line Dancing10:30am-12pm Community Cafe11am-1:30pm Talking with Jen Presentation12pm Mahjong12:30pm-3:30pm	27 Floor Yoga	28 American Heart Month Presentation & Lunch followed by Yoga/Breathing Session11:30am <i>Must register beginning 2/2</i>	29 Chair Aerobics11:30am-12:30am Tai Chi1:30pm-3pm	



Mayor Lisa Crate

Councilman **Perry Albanese** Councilman **Derrick Ambrosino** Councilwoman **Heather deJong** Councilman **Steve Feinman** Councilman **Vince Minichino** Councilwoman **Marianna Pontoreiro** Councilwoman **Melissa Travers**

Director of Senior Services Zulma Soto

Staff is available to help with applications for various benefit programs to help with Utility, Property Tax and Rx expenses such as PTR, Senior Gold, PAAD, Home Energy Assistance, Meals on Wheels and to provide you with information on other senior benefits.

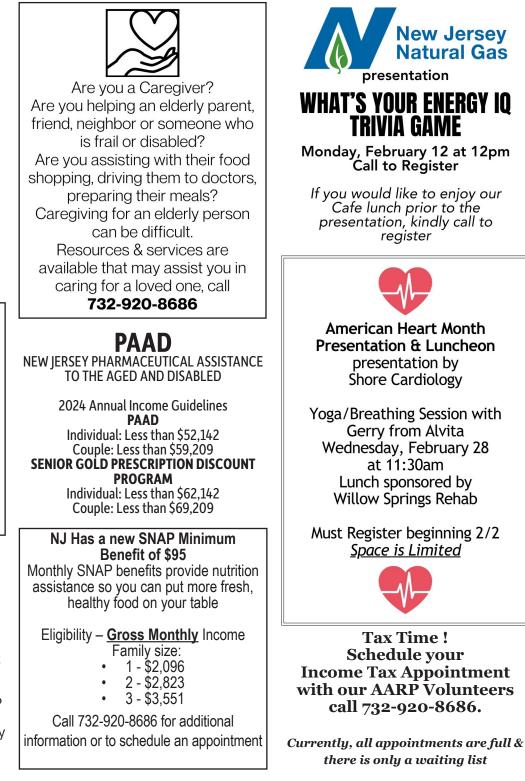
> Call to schedule 732-920-8686

MEDICARE ADVANTAGE OPEN ENROLLMENT TIME!

January 1 to March 31

Switch Medicare Advantage Plans or Leave Medicare Advantage and return to Original Medicare with a Part D Plan

Schedule an appointment with a SHIP (State Health Insurance Program) Counselor at the Brick Senior Center by calling **732-920-8686**





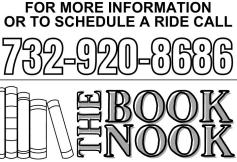
Mondays and Fridays, 11am-1:30pm Lunch reservation by 11am the day before is **required**. Transportation provided to site. Suggested donation of \$2. Call 732-920-8686 for reservations



The Senior Shuttle provides residents ages 60 and over with free transportation to the Brick Senior Center, medical appointments, Brick Township's shopping areas as well as to special events in the township and surrounding communities.

FEBRUARY TRIP Ocean County Mall Wednesday, February 7 Call 732-920-8686 to register

WE NOW HAVE A SENIOR SHUTTLE DEDICATED TO TRANSPORATION FOR DIALYSIS PATIENTS Call for a screening and scheduling your rides. Service is available Monday through Friday. Appointments within Brick Township only.



FRIDAY, FEBRUARY 9 10am Join us for an exciting discussion & review the latest best sellers



Funded in part by a grant from the Ocean County Board of Commissioners