

MARCH 2024



CALENDAR OF ACTIVITIES



BRICK TOWNSHIP OFFICE OF SENIOR SERVICES

Location: 500 Aurora Place, Brick, NJ 08723

Phone: 732-920-8686 Email: brickseniors@bricktownship.net

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--|---|---|--|--|
| <div>  <p>Mayor Lisa Crate, the Township Council & Brick Senior Services wish everyone</p> <p>Happy St. Patrick's Day</p>  </div> | | | | |
| <p>4</p> <p>Zumba.....9:15am-10:15am Line Dancing.....10:30am-12pm Community Cafe.....11am-1:30pm Logos Word Game.....12pm <i>Must register beginning 2/26</i> Mahjong.....12:30pm-3:30pm</p> | <p>5</p> <p>Floor Yoga.....9am-9:45am Chair Yoga.....10am-11am <i>Pre-registration required</i> Chair Aerobics.....11:30am-12:30am Musical Connections...1:45pm-2:30pm</p> | <p>6</p> <p>Stretch & Stronger.....11am-12pm Mahjong.....12:30pm-3:30pm</p> | <p>LUNCH WITH Mayor Lisa Crate <i>Enjoy a discussion about our community!</i> Thursday, March 14 1pm Must register</p> | <p>1</p> <p>Community Cafe.....11am-1:30pm Tax Appointments</p> |
| <p>11</p> <p>Zumba.....9:15am-10:15am Line Dancing.....10:30am-12pm Community Cafe.....11am-1:30pm Bingo.....12pm <i>Must register beginning 3/1</i> Mahjong.....12:30pm-3:30pm</p> | <p>12</p> <p>Floor Yoga.....9am-9:45am Chair Yoga.....10am-11am <i>Pre-registration required</i> Chair Aerobics.....11:30am-12:30am Acrylic Art Class.....1:15pm <i>Bring your own canvas - 16"x20" recommended</i></p> | <p>13</p> <p>St. Patrick's Day Celebration 11:30am-1:30pm MUST resgister beginning 2/27</p> | <p>14</p> <p>Floor Yoga.....9am-9:45am Chair Yoga.....10am-11am <i>Pre-registration required</i> Lunch with Mayor Crate.....1pm <i>Must register</i> Medication Drop Box On-site</p> | <p>15</p> <p>Community Cafe.....11am-1:30pm Tax Appointments</p> |
| <p>18</p> <p>Zumba.....9:15am-10:15am Line Dancing.....10:30am-12pm Community Cafe.....11am-1:30pm Mahjong.....12:30pm-3:30pm</p> | <p>19</p> <p>Floor Yoga.....9am-9:45am Chair Yoga.....10am-11am <i>Pre-registration required</i> Chair Aerobics.....11:30am-12:30am Musical Connections...1:45pm-2:30pm</p> | <p>20</p> <p>Stretch & Stronger.....11am-12pm Mahjong.....12:30pm-3:30pm</p> | <p>21</p> <p>Floor Yoga.....9am-9:45am Chair Yoga.....10am-11am <i>Pre-registration required</i> Chair Aerobics.....11:30am-12:30am Tai Chi.....1:30pm-3pm</p> | <p>22</p> <p>Community Cafe.....11am-1:30pm Tax Appointments</p> |
| <p>25</p> <p>Zumba.....9:15am-10:15am Line Dancing.....10:30am-12pm Community Cafe.....11am-1:30pm Dessert & Trivia.....12pm <i>Must register beginning 3/11</i> Mahjong.....12:30pm-3:30pm</p> | <p>26</p> <p>Floor Yoga.....9am-9:45am Chair Yoga.....10am-11am <i>Pre-registration required</i> Chair Aerobics.....11:30am-12:30am Acrylic Art Class.....1:15pm <i>Bring your own canvas - 16"x20" recommended</i></p> | <p>27</p> <p>Stretch & Stronger.....11am-12pm Mahjong.....12:30pm-3:30pm Ocean County Mall Bus Trip</p> | <p>28</p> <p>Floor Yoga.....9am-9:45am Chair Yoga.....10am-11am <i>Pre-registration required</i> Chair Aerobics.....11:30am-12:30am Tai Chi.....1:30pm-3pm</p> | <p>29</p> <p>Tax Appointments</p> |



Mayor Lisa Crate

Councilman **Perry Albanese**
 Councilman **Derrick Ambrosino**
 Councilwoman **Heather deJong**
 Councilman **Steve Feinman**
 Councilman **Vince Minichino**
 Councilwoman **Marianna Pontoriero**
 Councilwoman **Melissa Travers**

Director of Senior Services Zulma Soto

Staff is available to help with applications for various benefit programs to help with Utility, Property Tax and Rx expenses such as PTR, Senior Gold, PAAD, Home Energy Assistance, Meals on Wheels and to provide you with information on other senior benefits.

Call to schedule
732-920-8686

MEDICARE ADVANTAGE OPEN ENROLLMENT TIME!

January 1 to March 31

Switch Medicare Advantage Plans or Leave Medicare Advantage and return to Original Medicare with a Part D Plan

Schedule an appointment with a SHIP (State Health Insurance Program) Counselor at the Brick Senior Center by calling **732-920-8686**



Funded in part by a grant from the Ocean County Board of Commissioners



Are you a Caregiver?

Are you helping an elderly parent, friend, neighbor or someone who is frail or disabled?

Are you assisting with their food shopping, driving them to doctors, preparing their meals?

Caregiving for an elderly person can be difficult.

Resources & services are available that may assist you in caring for a loved one, call

732-920-8686

PAAD

NEW JERSEY PHARMACEUTICAL ASSISTANCE TO THE AGED AND DISABLED

2024 Annual Income Guidelines

PAAD

Individual: Less than \$52,142

Couple: Less than \$59,209

SENIOR GOLD PRESCRIPTION DISCOUNT PROGRAM

Individual: Less than \$62,142

Couple: Less than \$69,209

NJ Has a new SNAP Minimum Benefit of \$95

Monthly SNAP benefits provide nutrition assistance so you can put more fresh, healthy food on your table

Eligibility – Gross Monthly Income

Family size:

- 1 - \$2,096
- 2 - \$2,823
- 3 - \$3,551

Call 732-920-8686 for additional information or to schedule an appointment

The Community Cafe

Mondays and Fridays, 11am-1:30pm
 Lunch reservation by 11am the day before is **required**.

Transportation provided to site.

Suggested donation of \$2.

Call 732-920-8686 for reservations



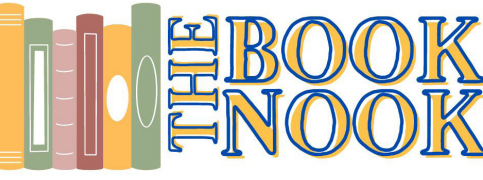
St. Patrick's Day
 CELEBRATION
Wednesday, March 13
11:30am-1:30pm

Entertainment by DJ Vinny Cupo
Sponsored by Bartley Health Care, Homewell, Compassionate Hospice & Bratton Law

Must register beginning 2/27



Acrylic Art Class
March 12 & 26 1:15pm
 You must bring your own canvas.
16"x20" recommended.
 Paints & Brushes will be provided.



THE BOOK NOOK

FRIDAY, MARCH 8 10am
Join us for an exciting discussion & review the latest best sellers

MUSICAL CONNECTIONS

Intergenerational Program with Brick High School Students. This is a science based, fun program that stimulates the brain & body, promotes both social interaction & music engagement & strengthens sense of community in a safe environment.

Fun music related activities for our seniors' enjoyment!

1ST & 3RD TUESDAY OF EACH MONTH
CALL 732-920-8686 TO REGISTER

MONDAY Fundays!

LOGOS WORD GAME

Monday, March 4 at 12pm

Provided by Bartley Health Care

Must register beginning 2/26

BINGO!

Monday, March 11 at 12pm

Provided by Ambassador Day Care

Must register beginning 3/1

TRIVIA & DESSERT

Monday, March 25 at 12pm

Provided by Beacon of Life

Must register beginning 3/11

If you would like to enjoy our Café lunch prior to any of these activities, please call to register

Brick Township SENIOR SHUTTLE

The Senior Shuttle provides residents ages 60 and over with free transportation to the Brick Senior Center, medical appointments, Brick Township's shopping areas as well as to special events in the township and surrounding communities.

MARCH TRIP

Ocean County Mall

Wednesday, March 27

Call 732-920-8686 to register

WE NOW HAVE A SENIOR SHUTTLE DEDICATED TO TRANSPORTATION FOR DIALYSIS PATIENTS

Call for a screening and scheduling your rides.

Service is available Monday through Friday.

Appointments within Brick Township only.

FOR MORE INFORMATION OR TO SCHEDULE A RIDE CALL

732-920-8686

LUNCH WITH

Mayor Lisa Crate

Enjoy an afternoon lunch with our Mayor while discussing what's happening in our community. BTPD Officer Victoria Finelli will also discuss senior fraud and scams. Also, the Medication Drop Box will be available for any unused medications.

Thursday, March 14 at 1pm

Must call to register